

# Sibelco Dartmoor Vale

## Road Races 2018

Sibelco Clay Works Site, Newton Abbot

TQ12 2PA

Sunday 28 October 2018



### Welcome

This event is being organised by the Rotary Club of Dartmoor Vale, assisted by the Rotary Clubs of Ashburton & Buckfastleigh, Dawlish Water, Newton Abbot, Teignmouth, Tormohun and Totnes, scouts & 41 Club. We hope you have an enjoyable day!

If you live locally and would like to know more about Rotary and what we do as a Club, please visit our website "Rotary Club of Dartmoor Vale" or ring Paul Haarer on 01626 361133.

### How to find us (TQ12 2PA)

*1 From the M5:* Continue down the A38. Fork left onto the A380, signposted Torquay. After about 9 miles, take the second exit to Kingsteignton (following the brown signs to the Racecourse).

Go right at the roundabout under the A380, left at the next three roundabouts. The Sibelco entrance is 200 metres past the Racecourse on the right.

*2 From Plymouth:* Soon after Ashburton, take the A383 to Newton Abbot. At the first roundabout, turn left, then right at the next two roundabouts and left at the next (by B&Q). The Sibelco entrance is 400 metres on the left.

*3 From Torquay:* Stay on the A380 past the new Penn Inn junction (Newton Abbot). At the next exit (A381/A383) turn left and follow the signs for the racecourse. The Sibelco entrance is 200 metres past the racecourse on the right.

### Programme

9.15	Start of Marathon and Half Marathon
9.30	Start of 10 Kilometre race
11.00 onwards	The major Prizes will be given out when the leading runners in each race have finished.

### Our Sponsors

A big thank you to all our sponsors, whose generous support has largely covered all the costs of organising this event. Some of their logos are shown at the foot of each page, and we would also like to thank:

H S Hire  
Jewson Hire  
Teign Vehicle Rental

We are also very grateful to the many organisations that have helped by providing volunteers to act as officials or have otherwise supported this event.

### Sibelco's East Gold Site

Our grateful thanks go to Sibelco for their support and allowing us to use their site.

For safety reasons, the main entrance will only be used for incoming vehicles. You will be directed to the car parking areas by marshals. The location of various facilities is shown on the site map on the following page.

### Regulation

Please note that the Dartmoor Vale Road Races are held under the current laws and rules of competition of English Athletics and IAAF. We have applied to English Athletics for our Road Race Licence.

### Our Charities

The Rotary Club of Dartmoor Vale is encouraging runners to use our event to raise money for your favourite charities.

As in previous years, we are splitting the first 50% between charities supported by runners. If you raise money and pay it to us, we will donate all that money back to your charity, plus any Gift Aid we can reclaim, plus a share (when known) of the overall profits. For 2016, we were able to add 50% to the amounts that individual runners have raised, making their efforts even more worthwhile.

The remaining 50% is used by our Rotary Club to fund our ongoing community, vocational and international service commitments.

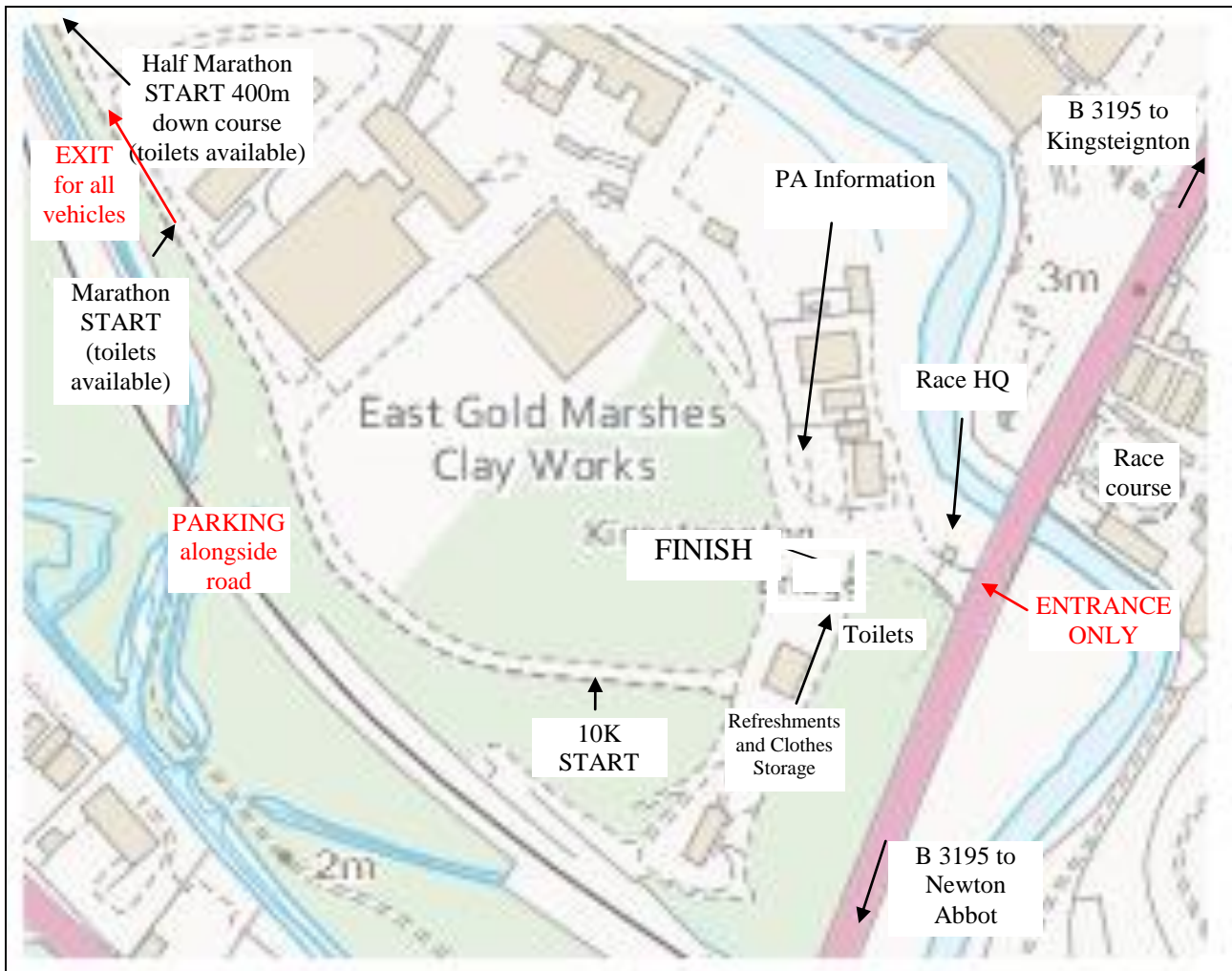
### Have you raised money?

If so, please send a cheque (made payable to DVRC Marathon), with your completed sponsorship forms to Brian Goddard, 30 Manor Road, Salisbury, SP1 1JS.

Please also return your sponsorship forms so we can reclaim the tax.

# Sibelco Dartmoor Vale 2018

The Start and Finish is at Sibelco's East Gold Works  
Newton Road, Newton Abbot TQ12 2PA - Grid Ref: SX865722.



**Note: Please collect your running number and timing chip from the desk located at each Start.**

The races will be timed as “Gun to Chip” & timing will be provided for all three races by Full on Sport [www.fullonsport.co.uk](http://www.fullonsport.co.uk):



**Refreshments** will be available in the Finish area.

**Toilet facilities** will be available in the Finish area and at the starts of the Marathon and Half Marathon. We regret that we cannot provide shower facilities.

## Clothes storage

There will be a fully supervised clothes store, and a bag drop at the Half Marathon starts, which is some way from the Finish area. Only bags that display a label with your running number will be accepted; your running number will be your means of reclaim. Despite all attempts to protect your property, the organisers wish to remind you of the conditions set out in the waiver on the entry form.

## Important information

### Arrival and parking

In previous years, there has been sufficient parking on site, but you may be parked some way from your Start. We recommend that you arrive by 8.30am at the very latest. Please do not park at Tescos.

### Registration

Your running number and timing chip will be available at registration desks located near to the start of each race. Your number will indicate the race that you have entered:

1	-	600	Blue on white	10 Kilometre
1001	-	1600	Black on red	Half Marathon
2001	-	2300	Black on green	Marathon

If you wish to change races, please contact Brian Goddard on 01722 556553 before the closing date.

You must wear your number on the front of your running vest. It must not be cut or folded in any way. Failure to wear the correct number will result in disqualification. Your timing chip is fixed to your running number. Be aware of this as you cross the timing mats.

Do not pass your number or chip on to anyone else, as this is against English Athletic rules, and will lead to errors.

### The Start

The Marathon and Half Marathon will both start at 9.15 am prompt. The 10 Kilometre race will start 15 minutes later at 9.30am to ease the flow of runners onto the public highway.

Runners should make their way to the start in plenty of time, certainly **no later than 15 minutes** before the designated start time. The location of each Start is shown on the site map on page 2.

### The Finish

All finishers will pass under the Finish gantry, where a clock will display your finish time. Before you cross the finishing line, you will be marshalled into a funnel. You will then receive your medal and memento.

Medical personnel will be present at the Finish line. There will be a drinks station in the Finish area.

### Results

Our primary aim after each race is to post in the Finish area the provisional results, as soon as enough runners have finished each race.

We will endeavour to present trophies for the overall winners of the each event soon after the first 5 male runners and the first 5 female runners have finished. The names of the prize winners for the age categories will be posted at the Race HQ and the trophies will be available for collection. A runner may only receive one trophy. If you think you may have won a prize in an age category, please do check, as posting trophies on is time-consuming and expensive.

We will also try to have the results published on our website [www.dmvmarathon.org.uk](http://www.dmvmarathon.org.uk) and in the local press on the following day.

### Please note ...

- Dogs are **not** allowed on the route.
- Bicycles are **not** allowed to follow the runners.
- Roller skates or in line skates are **not** allowed.

### Slower runners

Please make sure that you line up having regard to your ability. A slow runner too near the front will impede the faster runners.

We reserve the right to require the retirement of any Marathon runner who has not commenced the second lap (at Gallows Cross) by 12 noon. Please note that all Marshals will be stood down at 2.15 pm. Any runner who is likely to finish after that time should use the pavement where available and obey the normal rules of the road. A vehicle will "sweep" the route prior to 2.15 pm and will give a lift to any runner who needs it.

### Medical problems

A medical form is available from our web-site. It is essential that, if you suffer from any medical condition, you should complete this form and return it to the address shown at the foot of the form by **Saturday 20 October 2018**. We will make our First Aid providers aware and the information will be treated in total confidence (There is no need to send us the form if you do not have a medical condition).

**Website:** [www.dmvmarathon.org.uk](http://www.dmvmarathon.org.uk)  
**e-mail:** [dmvraces@gmail.com](mailto:dmvraces@gmail.com)

